



APPROVED MEDICATION LIST FOR OBSTETRICAL PATIENTS

COLDS: Actifed, Sudafed, Tylenol (any type), Dimetapp, Benadryl

ALLERGIES: Claritin, Benadryl

SORE THROAT: Throat lozenges, Halls, Chloroseptic, Vicks

COUGHS: Robitussin DM

HEARTBURN AND GAS: Gaviscon, Mylicon, Mylanta, Maalox, Tums, Zantac, Pepcid, Prilosec

DIARRHEA: Imodium, Koepectate

CONSTIPATION: Milk of Magnesia, Colace, Metamucil, Citrucel, Pericolace, Dulcolax suppositories, Fleets enema

HEADACHES: Tylenol

YEAST INFECTION: Monistat

UNRESTRICTED ACTIVITIES:

Exercise

Intercourse

Hair color

Flu shots

Hot baths

Travel up to 36 weeks of pregnancy

Dental visits and dental work

Painting with adequate ventilation

Using household cleaning products